



WORLD ARCHERY BEGINNERS MANUAL

EVALUATION FORM FOR RED FEATHER CANDIDATES

Name of the beginner: _____ Form A

Date: ____ / ____ / 20__

Make up date: ____ / ____ / 20__

PERFORMANCE Shooting distance	Required minimum score	Achieved *	*Not yet achieved	Number of hits (result)
6 meters	12 hits			
SKILLS	Key elements (What should be done)	Achieved *	*Not yet achieved	References to the WA level 1 coaching manual.
Feet position (Stance)	Feet each side of the shooting line			#7.1.2.1
	Feet at shoulder width apart			#7.1.2.1
	Line of feet square to the shooting line			#7.1.2.1
	Feet parallel			#7.1.2.1
Safe and proper arrow loading	<i>Implemented with bow <u>vertical</u></i>			#3.2 Point 5 & #7.1.2.2
	<i>No finger pressing the arrow on rest</i>			#7.1.2.2
	<i>Arrow properly rotated cock feather away from bow window</i>			#7.1.2.2
KNOWLEDGE &/or KNOW-HOW	Required knowledge's or know-how's	Achieved *	*Not yet achieved	Comments &/or references
Bow safety	No dry fire (dry loosing)			#3.3. Point 2
	Set the bow in equipment lane after shooting the end			#4.4.5. Step 7 - #11.3 #9.2
Arrow loading safety	<i>Load the arrow on the bow only when everyone is behind the shooting line.</i>			#3.2 Point 2
	<i>To be done only when both feet are set each side of the shooting line.</i>			#3.2 Two first points
Safe arrow retrieval/collectio n	Walk carefully to target (do not run - Watch your step)			#3.3 Point 8
	Stand to the side of the target (not behind arrows)			#3.2 Point 12
	Properly pull the arrow out of the target (or grass).			#4.4.1. Step 8
Bow assembling	<i>Know how to properly assemble and disassemble the limbs on/from the riser.</i>			<i>This assessment can be removed if there is no take down bow</i>
TOTAL				
TOTAL	16 positive evaluations are required			** Granted ____ or not yet granted ____

* Checkmark if the score / skill / knowledge is positively evaluated (Achieved) or not (Not yet achieved). Write in the TOTAL row of these two columns the accumulated number of checkmarks.

** Just checkmark the final result of this evaluation.

Name and signature of the assessor/evaluator: _____